

WE GOT YOUR BACK!!

BLUE RIBBON CHIROPRACTIC
404-444-4519



THE DIFFERENCE THAT CHIROPRACTIC REALLY MAKES

You hear the hype all the time, but what can chiropractic REALLY do for you?

Yes, it's true. Chiropractors have to make a living just like everybody else. There is a DIFFERENCE, though, in WHY a person selects chiropractic as a profession and in what chiropractic really CAN do for you.

In this age of "back to nature" and "back to basics" and "back to the natural things," chiropractic can take a front-row seat, having actually been in this position for as long as it's been in existence (since 1895). Chiropractic is the branch of health care that focuses on enabling YOUR OWN IMMUNE SYSTEM to heal your body. Chiropractors themselves get very excited about this as a pro-

fession, since they see the logic and sense in helping fellow humans to realize the potential of GOOD HEALTH for each and every man, woman and child. It just MAKES SENSE that YOUR OWN BODY can decide what is best for your health and that it can actually make that true for you.

I can personally tell you that once I started the chiropractic school program, I have successfully come OFF the prescription nose spray steroids and decongestants I was taking every day for my chronic allergies since moving to Georgia. I no longer needed these drugs once I was getting adjusted on a regular basis and my own body and immune system were able to work at their VERY BEST to keep me healthy and strong and disease-free. I

also noticed how much better I could sleep, how much easier it was to breathe and concentrate, how much less MONEY I had to shell out for visits to the medical doctor and pharmacy.

HOWEVER...don't just take MY word for it. Each month, on Page 2 of this newsletter, I highlight a new "miracle story" from someone who has had or observed what differences chiropractic can make in a life. These are actual, documented examples. I love these examples. I can site some of my own chiropractic miracles, both from my personal life and from being a Doctor of Chiropractic, and some of these can be seen on my practice website at:

www.blueribbonchiro.com

Experience the difference chiropractic can make for YOU. Call me at 404-444-4519.



September Dates to Spotlight:

- Sept. 7—Labor Day
- Sept. 13—Grandparents Day
- Sept. 19—Rosh Hoshana
- Sept. 22—Autumnal Equinox
- Sept. 28—Yom Kippur
- **September** —Get your spine checked out for YOUR BEST HEALTH...Make your chiropractic checkup or your consult appointment at 404-444-4519.

THERE ARE NO AGE LIMITS!!

Many patients, once they have experienced chiropractic for themselves and seen how much BETTER they feel, often ask me if I believe chiropractic can benefit their husbands, wives, children, parents, grandparents, friends, etc.,

etc. My answer? Always YES...chiropractic can benefit people of ANY age. All that is required is that you have a spine and the determination to stick with your care plan. The rest just HAPPENS. There is no better feeling than when a

patient calls or comes by to tell me that they are feeling WONDERFUL. I really love being a part of that.

So... to emphasize... THERE ARE NO AGE LIMITS for chiropractic care. NONE. Come on in. We're always happy to see you.



Chiropractic Tip of the Month:

Give your body the fighting edge against swine flu by GETTING ADJUSTED!!

404-444-4519



MORE CHIROPRACTIC “MIRACLES”

Each month, I will present a chiropractic “miracle” here for you, actual stories from actual people about the differences that chiropractic has made in their lives and in the lives of their children, parents, friends and acquaintances. I put the word “miracle” in quotes because as a Doctor of Chiropractic, I witness every day what most people would call “a miracle” but which is only an expression of what the human body is capable of doing when allowed to work the way that nature intended for it to work.

“I started chiropractic care in November of 1992. I was having constant lower back pain. I was unable to stand for more than two minutes. I selected a chiropractor who was highly recommended. I knew a good chiropractor could do me no harm and



possibly save me from back surgery.

Chiropractic improved many of my physical conditions, including some I did not relate to back problems. They include increased circulation in my hands (they used to go numb for no reason), a restored regular heartbeat (no more palpitations), easier breathing, bladder control improvement, a clear mind, improved sleeping, and of course, my back pain has improved to the point where I can

walk and stand for longer periods of time without pain.

For all of the above reasons, I believe in chiropractic. I also feel my chiropractor made it possible for me to live not only a more normal life, but also a much improved quality over the last six months.”

Carrie—Austin, TX

“To adjust the subluxation, then, is to advance mankind, step up his efficiency, increase his ability, make him more natural and more at peace with himself, for all things are possible to him whose body equals his Innate.”

- B.J. Palmer, D.C.

CHIROPRACTIC VS. SWINE FLU

It has been scientifically shown, over and over, that regular chiropractic care boosts your immune system and gives you your body the edge for fighting off infections and disease. What might not be so clear is HOW chiropractic gives you this fighting edge.

When your chiropractor assesses you and determines where your spine is out of alignment, it is obvious to the chiropractor WHERE your spine needs to be adjusted and HOW it needs to be adjusted. Once those misalignments are gone, your nervous system and your immune system have free-

dom to send and receive the proper signals to and from your brain, and your body is able to function at its very best. Without drugs, without harmful side effects, without compromising any other body system.

Just like you would IDEALLY want a clear road, free of snarled traffic on your way to work every morning, your body wants and needs clear pathways between your brain and body. CHIROPRACTORS CAN HELP YOU GET THOSE FREE AND CLEAR PATHWAYS and help

your body to function at its VERY BEST.

This is what will give you the edge to keep healthy and stop being bullied or confused about swine flu and whether you should get the flu shot. Do your research, know the facts, decide for YOURSELF and don't let scare tactics force you into a decision you aren't prepared for. Also, get YOUR spine checked!!

“In the future, chiropractic will be valued for its preventative qualities as much as for relieving and adjusting the cause of ailments.”

—B.J. Palmer, D.C.

A CHIROPRACTIC CASE

The following case study was taken from the Chiropractic in New Zealand Report published in 1979 by The Government Printer, Wellington, NZ.

“Mr. S had a persistent back problem. Early in 1977 his back became quite painful and he developed pain in his leg as well. His condition was diagnosed medically as rheumatism but he subsequently had X-rays taken and the resulting diagnosis was “wear and

tear.” He was given physiotherapy for 2 weeks without improvement and then carried on with it for another 3 or 4 weeks while he was waiting for an appointment with a specialist. The specialist recommended another 3 or 4 weeks of physiotherapy, but again there was no improvement. Mr. S had reservations about going to a chiropractor but in August 1977 the pain became so bad that he pushed his scruples aside. He

attended for chiropractic care daily for a few weeks. At once there was a marked improvement. He now goes to his chiropractor about every 6 weeks as a preventative measure. The pain has disappeared from his leg and he is now able to drive his car without any discomfort.”

So many miracles and great case studies. Get YOUR own miracle by calling us today! 404-444-4519.