

WE GOT YOUR BACK!!

BLUE RIBBON CHIROPRACTIC
404-444-4519



BOO!! ARE YOU MORE AFRAID OF THE H1N1 VIRUS OR VACCINE?

It is almost impossible to avoid seeing or hearing about H1N1 via today's media...what you NEED to know:

You cannot escape it...hype and scare tactics are EVERYWHERE these days about the H1N1 (swine flu) virus and how you MUST be vaccinated to avoid getting this dreaded disease, or else you will DIE!! It simply is NOT true...the H1N1 virus is not symbolic of a world-wide Armageddon or deadly plague. Additionally, there are PROVEN risks to your body and to your health if you DO get the vaccine!!

My advice to my patients that ask is this: Arm yourself with as much research and data as possible so that you can make the best possible decision FOR YOUR-

SELF and YOUR HEALTH. To blindly follow what someone else says is risky and not very smart.

Be warned that EVERY vaccine has side effects. Let me repeat that... EVERY VACCINE HAS SIDE EFFECTS. This is due mostly to the fact that most vaccines contain preservatives (adjuvants) like mercury that just DO NOT BELONG in your body!! Also...if you are seriously considering getting the vaccine, KNOW WHAT'S IN IT BEFORE YOU ARE INJECTED WITH IT. Once this stuff is in your bloodstream, your body may not be already healthy enough to deal with what might be in there. One more thing...be prepared to accept the consequences of having a milder form of the disease you are being vaccinated against.

So what's in the H1N1 vac-

cine? A June 12, 2009 announcement states:

The new H1N1 (swine flu) vaccine is going to be made by Novartis. It will probably be made in PER.C6 cells (human retina cells) and contain MF59, a potentially debilitating adjuvant.

MF-59 is an oil-based adjuvant primarily composed of squalene, Tween 80 and Span85. All oil adjuvants injected into rats were found toxic. All rats developed an MS-like disease that left them crippled, dragging their paralyzed hindquarters across their cages. Squalene caused severe arthritis (3 on scale of 4). Squalene in humans at 10-20 ppb (parts per billion) lead to severe immune responses, such as autoimmune arthritis and lupus."

- Reference: Kenney, RT. Edleman, R. "Survey of human-use adjuvants. Expert Review of Vaccines." 2 (2003) p171.

Visit our website at: www.blueribbonchiro.com or call us at 404-444-4519.



Ingredients: Mercury, Formaldehyde, Aluminum Phosphate, Agarose, Normal-Fetal Tissue, Monkey Kidney Lung Cells, HSA, Bone-Tissue-Derived

October Dates to Spotlight:

- Oct. 12—Columbus Day
- Oct. 24—United Nations Day
- Oct. 31—Happy Halloween!!
- October —Get your spine checked out for YOUR BEST HEALTH...Make your chiropractic checkup or your consult appointment at 404-444-4519.

A WORD OF COMFORT

Maybe all the H1N1 hype has you frightened or at the very least curious as to what is really going on. It is not my job to tell you what to do...my job is to give you information so that you can make your own decisions about your health. Of

course, this newsletter is not big enough to give you all the information you need; please do some research on your own before you make a decision about whether to get the vaccination for yourself and/or your loved ones. Just be

sure to look at ALL the angles, both "pro" and "con," before you decide.

When you are ready for your chiropractic care, call me or come by my office. We're always happy to see you and wish you nothing less than GOOD HEALTH.



Chiropractic Tip of the Month:

GET YOUR SPINE CHECKED TODAY!! ADJUSTMENTS ARE SO GOOD FOR YOU!!

404-444-4519



MORE CHIROPRACTIC “MIRACLES”

Each month, I will present a chiropractic “miracle” here for you, actual stories from actual people about the differences that chiropractic has made in their lives and in the lives of their children, parents, friends and acquaintances. I put the word “miracle” in quotes because as a Doctor of Chiropractic, I witness every day what most people would call “a miracle” but which is only an expression of what the human body is capable of doing when allowed to work the way that nature intended for it to work.

“I’m afraid my story is not that of a miraculous cure. I first visited my chiropractor some six years ago when I was experiencing a muscle spasm in my back. Although heat, rest and muscle relaxants handled the immediate symptoms well enough, thanks to



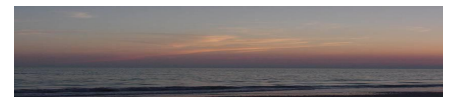
my sister’s visits to her chiropractor in Montana, I realized that there might be something more involved. So I made a chiropractic appointment myself.

As soon as my chiropractor explained chiropractic to me, I became a believer. The physical relationship between subluxations and the sending of nerve impulses to the rest of the body is so obvious that I am truly amazed when everyone doesn’t immediately

jump on the chiropractic bandwagon.

My two daughters, fifteen and twelve, have also been getting adjusted for the last six years. As I mentioned, there have been no miracles. However, I do know that all three of us are healthy and recover rapidly when some small illness does strike. I enjoy the security of knowing when one of us falls over backward on a chair or lands resoundingly on her backside while roller skating, that our chiropractor will handle the resultant subluxations. Thirty years down the road, none of us will have to hang on to a door to ease the pain of today’s untreated vertebral problems.”

Gene—Vancouver, WA



CHIROPRACTIC AS A CAREER...FOR YOU!

These days, it is almost the norm for someone who has been doing a certain job for many years to suddenly find themselves laid off or fired, due to the economic atmosphere in our country. Fortunately, you DO have choices for your career.

Ever think about becoming a Doctor of Chiropractic?

No, you cannot learn this profession in a weekend. It takes between 3.5 and 4 years to get a Doctor of Chiropractic degree. Some former classes may transfer if you already have an

undergraduate degree.

So what’s the GOOD news? You will be armed with a profession that provides health care to everyone without harmful drugs or painful and costly surgery. You will be a primary care physician—people that want to see you will not need another doctor’s referral to make an appointment with you. You can work for yourself or for another chiropractor.

You will be at the forefront of a growing need for alternative health care doctors, as more and

more people turn to alternative medicine to attain and keep good health. You will help SO MANY people feel so much better; it is an extremely rewarding profession.

If you are interested for yourself or for someone you love, please contact me for further information, I will be happy to hook you up. 404-444-4519.

“The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause of the prevention of disease.”

—Thomas Edison

A CHIROPRACTIC CASE

The following case study was taken from the Chiropractic in New Zealand Report published in 1979 by The Government Printer, Wellington, NZ.

“Mrs. E, a sensible mature woman, suffered back and leg injuries when her horse slipped and fell while she was helping to draft cattle. She spent 10 days in the hospital, the principal treatment being water baths to reduce the swelling in her leg. She was discharged on crutches and then gradu-

ated to a walking-stick, and she could not sleep at night unless she elevated her leg with a pillow to get relief from pain in her lower back. All this was a problem for her, the more so because she had a family of young children. Her general practitioner put her on valium, she said to ease the pain, but it did not help. Finally she consulted a chiropractor and after a short course of care found the pain suddenly disappeared

and she was able to walk normally. She told us every now and then when she was bumped by a farm animal or had some other minor accident her back played up, but she got immediate relief from chiropractic care. Apart from such minor and passing incidents she has had no further problems.”

So many miracles and great case studies. Get YOUR own miracle by calling us today! 404-444-4519.