

WE GOT YOUR BACK!!

BLUE RIBBON CHIROPRACTIC

404-444-4519



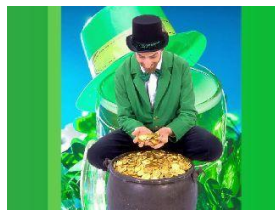
CHIROPRACTIC AND THE LEPRECHAUN

Once upon a time and long, long ago...

A chiropractor leprechaun lived in a beautiful wood that was filled with tall, leafy trees, gorgeous flowers and many sparkling waterfalls. The leprechaun, whose name was Patrick, loved his woodland home very much, and he wished to make everyone healthy.

One sunny afternoon, Patrick was walking along a shady path when he came to a clearing in the woods. In the middle of the clearing, a human man was sitting on a log, with his head in his hands. The man looked up and saw Patrick, but neither one moved, they just looked at each other. Patrick noticed the man's sad expression and said, "Sir, are you troubled?" The man nodded

and said, "Yes, I am, for my neck is very painful and I keep having bad headaches. I don't know what to do. But—hey! - you are a leprechaun and can give me a pot of



gold!" Patrick approached the man and said, "I can, but will that make your headaches or your neck pain go away?" The man sighed and said, "No, it won't. What will make me better, then, if it is not gold?" Patrick said, "Let me put my hands on the back of your neck. I will check your spine there." The man was puzzled, but he allowed Patrick to feel the back of his neck. Patrick

asked the man to lie down on the log on his back. The man did as Patrick asked. Patrick said, "I can move the bones in your neck and help your body to heal itself. But you have a choice between me doing this or giving you the pot of gold, as I cannot do both." The man thought a moment, then said, "Move the bones in my neck." Patrick did so, and the man's pain went away. The man was so grateful to Patrick that he began to bring all his family and friends to be helped by the chiropractor leprechaun. Patrick was very happy to be helping so many people with the gift of health.

Moral: Your health is worth more than a pot of gold!

For YOUR chiropractic care, give me a call and come by to see me... 404-444-4519.



March Dates to Spotlight:

- **March 7**—Best of GOOD LUCK to Toney Freeman in the Arnold Classic Show!!
- **March 8**—Turn those clocks FORWARD one hour and enjoy more daylight at the end of the day!
- **March**—NOT too late to get started...Make your chiropractic checkup or your consult appointment at 404-444-4519.
- **March 17**—Happy St. Patrick's Day, get adjusted for the best o' health!

LET'S ADJUST YOUR FACE!!

During this season of very uncertain weather, so many folks come into my office complaining of sinus congestion and sinus headaches. What to do? They wonder.

Did you know that your sinuses can be adjusted??

It's true... and it is VERY effective!! It is a pleasant and enjoyable experience, as I use aromatherapy as part of the adjustment. I do sinus adjustments as part of the lineup of extremity adjustments (adjustments done NOT on the spine)

that are done in my office. While neck adjustments can help your congestion go away, it takes a specific sinus adjustment to really clear them out and allow you to breathe and your sinus headache pain to go away. Come on, try it!



Chiropractic Tip of the Month:

Take the FIRST step for your good health...call me!!

404-444-4519



MORE CHIROPRACTIC “MIRACLES”

Each month, I will present a chiropractic “miracle” here for you, actual stories from actual people about the differences that chiropractic has made in their lives and in the lives of their children, parents, friends and acquaintances. I put the word “miracle” in quotes because as a Doctor of Chiropractic, I witness every day what most people would call “a miracle” but which is only an expression of what the human body is capable of doing when allowed to work the way that nature intended for it to work.

“Within 60 days of beginning chiropractic care strictly for wellness care purposes, 3 amazing problems disappeared. I recovered the hearing in my deaf ear. This is something several surgeons said would never happen. I



regained the long lost ability to breathe through my nose at night. Lastly, but far from the least, I found the energy I thought was gone forever.

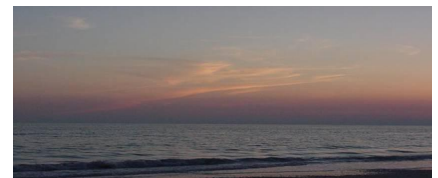
I recommend chiropractic wellness care to everyone I meet. The changes that can occur in your life are indefinite. Seeing a chiropractor was the wisest choice I ever made for my total health.”

Dan, Salt Lake City, UT

“I just wanted to briefly explain a phenomenon that occurred under chiropractic care. My husband and I had been trying to get pregnant for years with no results. After being under chiropractic care for just one month, it happened. I still can’t believe it. I have heard chiropractic care has been beneficial in helping women with pregnancy problems, but I never thought it would help me.

Thank you so much. I will continue with a wellness-care program under chiropractic care forever. God Bless!”

Ginger, Atlanta, Georgia



WHAT IS THIS “INSIDE OUT” THING?

Inside out is a sort of “catch phrase” used by Doctors of Chiropractic to mean that your body is DESIGNED to heal itself, from the INSIDE OUT. This means that true healing comes from within your own body and NOT from a pill that may have bad side effects or a procedure that requires cutting your skin and leaving scars and stress.

How does this inside out healing take place? You may be wondering. It happens when a Doctor of Chiropractic gives you an adjustment and removes any interference to your spinal cord or other nerves. This allows your

brain to freely communicate with the rest of your body as it strengthens your immune system. Ever wonder why some people have little or no reaction to disease when others seem to catch every disease they are exposed to? The first group of folks have healthy nervous systems and strong immune systems, because their spines are properly in place and there is no interference to their nervous systems.

How can YOU do

the inside out thing? Just call me at 404-444-4519 and set up your appointment. We will check your spine and determine the health of your nervous system. Don’t you believe that EVERYONE should give it a try? I certainly do!!

“While other professions are concerned with changing the environment to suit the weakened body, chiropractic is concerned with strengthening the body to suit the environment.”

—B.J. Palmer, D.C.

A CHIROPRACTIC CASE STUDY

The following case study was taken from the Chiropractic in New Zealand Report published in 1979 by The Government Printer, Wellington, NZ.

“Mrs. D told us she was severely injured in a car accident at the age of 7. She had had medical treatment for years. She ended up with a stabilizing brace which she wore for about 10 years. Finally she saw a chiropractor. He X-rayed her and said he would do

his best to help her but because the injury to her spine was of such long-standing nature, he could not guarantee complete success. After the first adjustment she walked out of his rooms without the brace and without pain. She was able, as she told us, ‘...to enjoy [a] healthy active pain-free body.’”

So many miracles and great case studies. Get YOUR own miracle by calling

us today! 404-444-4519.

