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WE GOT YOUR BACK!!

BLUE RIBBON CHIROPRACTIC

404-444-4519



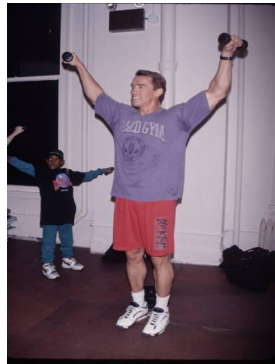
David Cassidy in concert.

PERHAPS YOU WILL BELIEVE THESE FOLKS...

See what THEY say about CHIROPRACTIC:

Sometimes we just DON'T believe it unless someone that we trust, or someone we admire, comes forward and says it. For those of you who go for that, here are a couple of direct quotes from famous folks about chiropractic:

Arnold Schwarzenegger (famous actor, bodybuilder and now governor of California) says, "Bodybuilders and fitness people have been using chiropractors very extensively in order to stay healthy and fit. I found it was better to go to a chiropractor before you get injured. We are a perfect team—the world of fitness and the world of chiropractors."



Arnold pumping iron.

Fitness expert Dr. Joyce Vedral says, "Chiropractic helps athletes and people working out, engaging in a sport or even just performing daily functions such as walking and sitting, to operate at their peak levels of performance without pain. I highly recommend that you pay a visit to your local chiroprac-

tor."

David Cassidy (singer and star of The Partridge Family TV series) says, "I've been adjusted so many times that I know when C-7 is out. I know what works for me and I trust my own body." (David has had his spine adjusted once every 3 weeks for maintenance care for the last 2 decades. C-7 is one of the bones in the low neck area.)

There are SO many more names and quotes that we could give you here, there just isn't room to put everyone's views. That is a GOOD thing, seeing as to how SO MANY people believe SO STRONGLY in chiropractic that just can't fit all of them in here!

For YOUR chiropractic care, give me a call and come by to see me... 404-444-4519.



Fitness expert Dr. Joyce Vedral

February Dates to Spotlight:

- **February 1** —CONGRATS to the Steelers for an amazing Super Bowl win!
- **February** —NOT too late to get started...Make your chiropractic checkup or your consult appointment at 404-444-4519.
- **February 14**—Happy Valentine's Day, get adjusted for the ones you LOVE!
- **February 16**—President's Day—let's honor the ones who have done a good job for us!

NEW CLINIC LOCATION!!

First of all, please let me assure those of you who like our clinic at Cosmos Fitness that we are STAYING at Cosmos Fitness.

However, we are ALSO going to be opening a SECOND clinic office in Alpharetta, Georgia, just off

Windward Parkway—Exit # 11 off GA 400. The distance between the two clinics is less than 15 minutes' driving time, and the Windward location is inside a much bigger facility with more services to meet your health care needs. I will

keep you updated on our clinic opening at Windward; it should be sometime within the 1st 2 weeks of February.

I am SO excited to offer this option for patients, and I look forward to working in the new location, too!



Chiropractic Tip of the Month:

IT'S TIME FOR YOU TO FEEL
GOOD AGAIN!!

404-444-4519



ANOTHER CHIROPRACTIC “MIRACLE”

Each month, I will present a chiropractic “miracle” here for you, actual stories from actual people about the differences that chiropractic has made in their lives and in the lives of their children, parents, friends and acquaintances. I put the word “miracle” in quotes because as a Doctor of Chiropractic, I witness every day what most people would call “a miracle” but which is only an expression of what the human body is capable of doing when allowed to work the way that nature intended for it to work.

“My daughter, who is nine-years-old, has been a bed-wetter since she stopped wearing diapers. I know at her age it is not unusual, but because it was an every night occurrence, I took her to our medical doctor just to make sure there were no infections.



She was fine and healthy! Our doctor prescribed medication to try for 10 days. It didn't work at all. So, he prescribed another drug but I could not bring myself to give it to her.

I knew nothing about these drugs and I was concerned with the possible side effects she could experience later. I work for a chiropractor and he explained it could be a subluxation of her lumbar spine. Knowing what I do about the spine and its relationship with nerves, it made sense to me. If a subluxated vertebra is impinging a nerve, the nerve impulse can't travel its path as effectively.

I brought my daughter in and with regular chiropractic adjustments, her bed-wetting decreased. Now, instead of being wet five out of seven days a week, she is dry five out of seven days a week! This has really made life easier on everyone. My daughter is so happy to be dry and I am happy to not have to change bedclothes and sheets so often. It has also given my daughter higher self-esteem. Chiropractic has great benefits to offer children with various problems.”

Kristen & Carrie—New York, New York

York

IS CHIROPRACTIC CARE SAFE?

In a word... YES.

Chiropractic care is definitely one of the safest types of health care available today. Without the use of drugs or surgery, chiropractors utilize a conservative approach when correcting the misalignments in your spine. One just needs to compare the malpractice insurance premiums paid by chiropractors to those paid by

medical doctors. The difference is HUGE!! Chiropractic premiums are approximately 1/20 the price of the premiums medical doctors pay.

Hundreds of thousands of people will die THIS YEAR as a result of bad medicine. Of the millions of people under chiropractic care, only a handful will even make a complaint.

Generally, the riskiest thing about get-

ting chiropractic care is your car trip to and from your chiropractor's office! IN ADDITION... Chiropractic care is much less expensive.

What are YOU waiting for?? Call us TODAY... (404) 444-4519.

“Look to the nervous system as the key to maximum health.”

—Claudius Galen



A CHIROPRACTIC CASE STUDY

The following case study was taken from the Chiropractic in New Zealand Report published in 1979 by The Government Printer, Wellington, NZ.

Mr. P, who is an auditor and in his late fifties, suffered constant backache. He was unable to sit or stand for any length of time. He could not sleep properly. He had extensive medical treatment including X-rays, consultations with specialists, and physiother-

apy. He had always regarded chiropractors as “quacks” but his wife went to one, on the advice of a friend, for severe loss of balance resulting from a fall. Her condition greatly improved and Mr. P decided to visit a chiropractor too. He told us after only one adjustment the relief was so great he felt it was like a “miracle.” After the initial care, he now goes only on the few occasions when his back gives him

minor trouble.

